



one day course

Coping with children's transition difficulties and avoiding alienation

This one day course is for parents who are managing children's resistance to parenting time or who are struggling with difficulties as children make the transition to and from their other parent's home.

Attending this course will help you to:

- Understand children's reactions to transitions in separated family situations
- Learn how to help children to cope with transitions
- Understand the spectrum of difficulties that can lead to children becoming alienated
- Learn how to reverse an alienation reaction
- Become more confident in parenting your child in a separated family situation

The course is led by Karen and Nick Woodall, co-authors of the Guide for Separated Parents: Putting your children first.

Karen Woodall is a family therapist and works in the family courts with alienated children and their families

Nick Woodall is an accredited mediator and is also the author of Divorce for Dads with ex England Goalkeeper, Gary Bailey.

The course is packed full of information, practical advice and strategies for increasing your confidence in post separation parenting. The day is experiential in nature and you are invited to share as much or as little as you wish about your own circumstances.

"It was a priceless opportunity."

"Thank you for all the help and support following the course."

"Well run. Excellent. Brilliant facilitators."

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Quantum House
66 Churchway
Euston London
NW1 1LT

£40, includes lunch and refreshments throughout the day. Places are limited to 25. Book early to avoid disappointment.

clinic@separatedfamilies.org.uk